

## BASIC DETAILS:

<b>Subject:</b>	INGLÉS CIENTÍFICO		
<b>Id.:</b>	30908		
<b>Programme:</b>	GRADUADO EN PSICOLOGÍA. PLAN 2020		
<b>Module:</b>	HABILIDADES SOCIALES Y PROFESIONALES		
<b>Subject type:</b>	OBLIGATORIA		
<b>Year:</b>	1	<b>Teaching period:</b>	Primer Cuatrimestre
<b>Credits:</b>	6	<b>Total hours:</b>	150
<b>Classroom activities:</b>	60	<b>Individual study:</b>	90
<b>Main teaching language:</b>	Inglés	<b>Secondary teaching language:</b>	Castellano
<b>Lecturer:</b>	VERGARA LEGARRA, NORA (T) HARRIS, RACHEL SIAN WOZNIAK, MONIKA	<b>Email:</b>	nvergara@usj.es rsian@usj.es mwozniak@usj.es

## PRESENTATION:

The main aim of this course is to prepare students with the **English language skills (speaking, listening, reading, writing, grammar, and vocabulary)** they need to perform academically and professionally by using the context of Psychology. During the course, students will be required to use English progressively to follow lectures; extract information from reading texts and express themselves in different forms (oral and written). Scientific English is structured around topics and genres related to psychology in order to help students progress in English use within the area of their study by working on the most relevant language skills they need. The course has **six blocks**:

**(1) Basic concepts: Definitions in Psychology. Branches of Psychology. Careers in Psychology**

**(2) Memory**

**(3) Cognitive Development**

**(4) Personality**

**(5) Mental Disorders**

**(6) Therapy**

## PROFESSIONAL COMPETENCES ACQUIRED IN THE SUBJECT:

<b>General programme competences</b>	G05	Trabajar en equipo, incluyendo los de naturaleza interdisciplinar, contribuyendo activamente y desempeñando diferentes roles para lograr objetivos compartidos.
	G08	Aplicar habilidades de razonamiento crítico en todas las funciones y roles profesionales desempeñados.
	G10	Adaptarse a todo tipo de situaciones profesionales incluyendo situaciones complejas no conocidas previamente.
	G11	Desarrollar la actividad profesional con un nivel de exigencia y profesionalidad que asegure la calidad de los servicios profesionales prestados.
	G13	Manejar eficaz y responsablemente una amplia gama de tecnologías digitales tanto de uso especializado como general para el desempeño de los roles y el cumplimiento de las funciones propias de la Psicología.
<b>Specific programme competences</b>	E23	Comunicar temas profesionales en forma oral y escrita de manera eficaz en inglés tanto a un público especialista como no especialista.
	E24	Entender textos propios de la disciplina y la profesión psicológica en inglés reconociendo la terminología especializada.
<b>Learning outcomes</b>	R01	Identifica las ideas principales del discurso específico de la Psicología en textos orales y escritos.

	R02	Participa en conversaciones sencillas relacionadas con temas personales, profesionales y académicos.
	R03	Describe y explica procesos y proyectos, opina y da instrucciones a través de textos orales.
	R04	Redacta textos específicos de la Psicología respetando la estructura de diferentes géneros usados en la disciplina.
	R05	Emplea la terminología propia de la Psicología en una gama variada de textos orales y escritos.

### PRE-REQUISITES:

It is highly recommended that students begin this course with a B1 level of English. If your level of English is less than a B1 (lower intermediate), you might find the class and coursework difficult to follow AT TIMES, and you should strongly consider improving your level by signing up for the English courses offered by the Institute of Modern Languages (Student Hub/ Edificio de Estudiantes). Your lecturer will vary activities as much as possible to facilitate learning for the different levels in the class, but if your language level is lower than B1, expect to spend more time reading the materials and working on the tasks.

### SUBJECT PROGRAMME:

Observations:

### Subject contents:

#### **1 Basic concepts: Definitions in Psychology. Branches of Psychology. Careers in Psychology**

- 1.1 Basic concepts in the field of psychology. Branches of psychology
- 1.2 Careers and jobs in Psychology.

#### **2 Memory**

- 2.1 Processes and stages of memory. Tips for improving memory. Introducing Group Work 1.
- 2.3 Hypnosis and memory. The scientific method in psychology

#### **3 Cognitive development**

- 3.1 Intelligence, learning, and cognitive development
- 3.2 Describing a scientific experiment. Presenting group project 1

#### **4 Personality**

- 4.1 Theories, types
- 4.2 Dreams and personality
- 4.3 Emotions and personality

#### **5 Mental disorders**

- 5.1 Diagnosing mental disorders. Symptoms, characteristics. Introducing Group project 2

- 5.2 The media and mental disorders
- 5.4 Writing a patient report. Presenting Group project 2

## 6 Therapy

- 6.1 The role of therapy. Describing and reporting data.
- 6.2 Types of therapies: Psychodynamic, cognitive, behavioural, humanistic

### OBSERVACIONES:

La impartición de los contenidos se llevará a cabo de la siguiente manera:

MARTES PRESENCIAL: Grupo I

MARTES ONLINE (TEAMS): Grupo J

JUEVES PRESENCIAL: Grupo J

JUEVES ONLINE (TEAMS): Grupo I

### Subject contents:

<b>1 - Basic concepts: Definitions in Psychology. Branches of Psychology. Careers in Psychology</b>
1.1 - Basic concepts in the field of psychology. Branches of psychology
1.2 - Careers and jobs in Psychology
<b>2 - Memory</b>
2.1 - Processes and stages of memory. Tips for improving memory
2.2 - Hypnosis and memory. The scientific method in psychology
<b>3 - Cognitive Development</b>
3.1 - Intelligence, learning, and cognitive development
3.2 - Describing a scientific experiment. Presenting group project 1
<b>4 - Personality</b>
4.1 - Theories, types
4.2 - Dreams and personality
4.3 - Emotions and personality
<b>5 - Mental Disorders</b>
5.1 - Diagnosing mental disorders. Symptoms, characteristics. Introducing Group project 2
5.2 - The media and mental disorders
5.3 - Writing a patient report. Presenting Group project 2
<b>6 - Therapy</b>
6.1 - The role of therapy. Describing and reporting data.
6.2 - Types of therapies: Psychodynamic, cognitive, behavioural, humanistic

Subject planning could be modified due unforeseen circumstances (group performance, availability of resources, changes to academic calendar etc.) and should not, therefore, be considered to be definitive.

### TEACHING AND LEARNING METHODOLOGIES AND ACTIVITIES:

#### Teaching and learning methodologies and activities applied:

Classes are conducted **exclusively in English** and are highly practical. Teachers in this course use a socio-cultural **communicative approach** to teaching English which highlights "meaning" and

adapts language form and structure to it. This should help faster and better progress in language learning and language use. The **integration of speaking and listening together with reading and writing** during pair and group work is highly important for this approach. Simulations; problem solving, discussions, opinion stating and information exchange are also other methods within this approach. They encourage cooperative learning and meaningful interaction between students and the development of professional competences.

**Participation in English** is expected of you in all class-related activities (emails, tutorials...). Although this will be difficult at the start, your linguistic competences will develop rapidly.

**Tutorials.** Your lecturer is available for consultation face to face or electronically whenever you need help.

**Independent study:** you are expected to complete all tasks. These tasks are suited to the development of reading, writing and listening skills as well as vocabulary extension. You should upload the required tasks onto the PDU within the established deadlines. All tasks must be completed as they will be evaluated through different means and methods. It is important to check the PDU every week for tasks.

#### Student work load:

Teaching mode	Teaching methods	Estimated hours
<b>Classroom activities</b>	Master classes	10
	Other theory activities	8
	Practical exercises	15
	Practical work, exercises, problem-solving etc.	15
	Debates	2
	Coursework presentations	4
	Other practical activities	2
	Assessment activities	4
<b>Individual study</b>	Tutorials	5
	Individual study	25
	Individual coursework preparation	25
	Group coursework preparation	2
	Project work	9
	Research work	6
	Compulsory reading	10
	Recommended reading	8
<b>Total hours:</b>		<b>150</b>

#### ASSESSMENT SCHEME:

##### Calculation of final mark:

Written tests:	20 %
Individual coursework:	15 %
Group coursework:	20 %
Final exam:	30 %
Oral exam:	15 %
<b>TOTAL</b>	<b>100 %</b>

\*Las observaciones específicas sobre el sistema de evaluación serán comunicadas por escrito a los alumnos al inicio de la materia.

#### BIBLIOGRAPHY AND DOCUMENTATION:

##### Basic bibliography:

ALL MATERIALS WILL BE PROVIDED VIA THE PDU. The list below contains the main sources of those materials, and are useful to the students for additional materials - tapescripts, extra grammar explanations etc.

### Recommended bibliography:

SHORT, Jane. English for Psychology in Higher Education Studies. Student's Book. Garnet Education, 2010.

GILLIAD, Timothy & Jenny Dooley. Career Paths: Psychology. Express Publishing, 2018.

### Recommended websites:

Bilingual and monolingual dictionary	<a href="http://dictionary.cambridge.org">http://dictionary.cambridge.org</a>
Bilingual dictionary	<a href="http://www.wordreference.com">http://www.wordreference.com</a>
Listening comprehension exercises and activities	<a href="http://www.esl-lab.com">http://www.esl-lab.com</a>
Reading comprehension exercises	<a href="http://www.onestopenglish.com">www.onestopenglish.com</a>
General English	<a href="http://www.tolearnenglish.com">www.tolearnenglish.com</a>
Grammar exercises to test yourself	<a href="http://www.nonstopenglish.com">www.nonstopenglish.com</a>
BBC learn english site -lots of activities	<a href="http://www.bbc.co.uk/worldservice/learningenglish">www.bbc.co.uk/worldservice/learningenglish</a>
Live radio -news and magazine programmes for listening	<a href="http://www.bbc.co.uk/radio/">www.bbc.co.uk/radio/</a>